

Second Firsts Turning Your Loss Into A Launch Pad

Christina Rasmussen

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Second Firsts Official Site

January 19th, 2019 - Christina Rasmussen is an author speaker and social entrepreneur who believes that grief is an evolutionary experience required for launching a life of adventure and creative accomplishment

Second Firsts Turning Your Loss into a Launch Pad

April 15th, 2018 - After studying to become a therapist and crisis intervention counselorâ€"even doing her masterâ€™s thesis on the stages of bereavementâ€"Christina Rasmussen thought she Free shipping over 10 Buy a cheap copy of Second Firsts Turning Your Loss into a book by Christina Rasmussen

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What is Your Launchpad to Creating Life After Loss

March 26th, 2018 - This trip gave us fresh eyes to see beyond what we previously thought to be our ONLY reality It gave us the chance to see with fresh eyes a sense of wonder and exploring minds This was our launch pad into creating new life Manifesto Amazing spark igniting childlike excitement and passion for life was waking up within each of our hearts

Christina Rasmussen Books List of books by author

October 1st, 2017 - Looking for a book by Christina Rasmussen Christina Rasmussen wrote Second Firsts Turning Your Loss into a Launch Pad which can be purchased at a lower price at ThriftBooks com

Second Firsts Christina Rasmussen 9781401940836

November 3rd, 2013 - In Second Firsts Christina Rasmussen has created the ultimate guidebook for navigating devastating loss discovering the gifts of grief and reentry into a passionate vibrant thriving life Let Christina light your way out of despair as she reveals the unimaginable grace that awaits your life after loss

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January 12th, 2019 - Christina Rasmussen founder of SecondFirsts com therapist and crisis intervention specialist motivational speaker author of Second Firsts Turning Your Loss into a Launch Pad creator of The Life Starters Club the live event From Loss to Launch and online courses Re entry after Loss See more

How Not To Stay Stuck In Grief Christina Rasmussen

September 1st, 2016 - Unfortunately after a great loss the world is uncertain and confusing This wears in the neural pathways of fear making the perception of danger easier for your brain thus causing you to perceive danger where there isn't actually anything to fear This unconscious habit of fear is what keeps people stuck in grief "stuck in the Waiting Room that is the second phase of life after loss

Stephanie Gunning Author Editor Publishing Consultant

December 15th, 2018 - "Christina Rasmussen author of Second Firsts Hay House 2013 CONSULTATION Book publishing is an idiosyncratic business SECOND FIRSTS Turning Your Loss into a Launch Pad Hay House 2012 LEWIS RICHMOND Buddhist Teacher Author and President of Forerunner Systems

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